



30 lives in 30 crosses

Keoputhy Bunny 🌸

News Editor

Mount Royal University (MRU) students may notice a series of crosses assembled across from Dr. John H. Garden Memorial Park as they're walking to and from school. Similar to ones raised along Memorial Drive in Calgary each year, the Field of Crosses memorialize MRU's own veterans who have given their lives to Canada.

Alongside the Field of Crosses are the Military Memorial Bursaries. These bursaries are designed to help 30 current MRU students in the name of the veterans who lost their lives.

The Field of Crosses was founded in 2019 by Murray McCann. McCann also established the Field of

Crosses on Memorial Drive that has over 3600 crosses, representing the Southern Albertans who have lost their lives in the military.

This Remembrance Day, the Field of Crosses hosted its Eleven Days of Remembrance — a series of events to pay tribute to the fallen.

The events included sunrise and sunset ceremonies, a Night of Lights (where candles were placed in front of each cross from the sunset into the next day) and a Remembrance Day Ceremony on Nov. 11.

According to the Government of Alberta website, McCann was profoundly touched when he saw 23 white crosses in honour of the fallen soldiers

who gave their lives for a village in Georgia which gave him the idea for the crosses.

McCann received an honorary Bachelor of Nursing degree in 2018 from MRU and was recently named one of the winners by the Top 7 Over 70 organization with three other MRU community members. He was also named Calgary's Citizen of the Year in 2017 for his philanthropic efforts.

The McCann Family Foundation also helped develop lodgings through the Homes for Heroes Foundation. This group is focused not only on housing but also the healing and reintegration of veterans back into society.



Just across from Dr. John H. Garden Memorial Park lie 30 crosses to represent 30 lives lost. Photo by Keoputhy Bunny

Misused fireworks cause of Elliston Park fire

Alex Luong 🌸

Staff Writer

On the night of Nov. 4, a grass and brush fire blazed through Elliston Park in the southeast part of Calgary. This is one of several other grass and brush fires that occurred around the city that day, along with another fire at Stoney Trail by McKnight Boulevard.

"One of the grass fires was actually threatening a high pressure gas regulation station. If our fire crews hadn't gotten there so quickly and put out the fire before it reached that, there might have been some serious consequences," Calgary Fire Department Official Carol Henke said in an interview with *Global News*.

According to the City of Calgary, the cause of the fire appears to be the careless use

of fireworks. Many of the fires were also in close proximity to public places and property. There were no injuries or casualties reported during the fires.

The Calgary Fire Department also stated that the only people allowed to discharge fireworks are certified and trained professionals that have received a fireworks permit.

If citizens are caught without a permit, fines can go up to \$100,000 and up to six months of jail time for the first offence. For a second offence, fines go up to \$500,000 and up to one year of jail time.

GlobalFest, an organization that has an annual firework display every summer at Elliston Park has trained and

certified professionals to discharge their fireworks. Chief Operating Officer Ken Goosen talks about the risk of using fireworks without a permit.

"You have to understand your product. You need to know the safety distances. You need to know the risk factors. You need to have fire abatement plans in there. So if you don't have a fire extinguisher, you don't go," Goosen said.

According to the Government of Canada, there had been 122 reported cases of unintentional injuries related to fireworks and other similar products from 2011-2019. Nearly three-quarters of all cases (72.9 per cent) required medical treatment in the

emergency departments, while 10.7 per cent of patients were admitted to hospitals. Many of the casualties were male teenagers between the ages

of 15 and 19 representing the largest proportion at 12 cases, closely followed by adolescents between the ages of 10 and 14 at 11 cases.



Elliston Park was the site of a fire due to an accident with fireworks. Photo by Alex Luong

MRU poster campaign aims to keep decolonization conversation going

Noel Harper 🌸
Staff Writer

Students may have seen them while walking through the Mount Royal University (MRU) campus recently — simple posters with a significant message behind them, causing passers-by to stop and reflect. Each poster features an incorrect or misinformed idea about Indigenous peoples and what these ideas mean.

One poster states, if someone, “think Aboriginal people get everything for free,” or that they “have the same opportunities as other Canadians,” then “you have a colonized mind.”

The posters invite members of the Mount Royal community to “begin [their] decolonization journey,” promoting a website containing academic resources, news articles and upcoming events to do with Indigenous perspectives, history and struggles. It serves to demystify and correct the perspectives shown on the posters.

The campaign arrives in the wake of a *CBC* report on Linda Manyguns (whose name is stylized in lower-case letters as part of a movement to “reject

the symbols of hierarchy”), Mount Royal’s associate vice-president of Indigenization and decolonization.

Manyguns, who has only been with the university since April, revealed how her personal safety had been threatened as a result of the aforementioned movement.

Since publicly discussing how the practice of using only lowercase letters demonstrates solidarity with Indigenous peoples, known as “eventing,” Manyguns has had to take precautions at her office after receiving thousands of hateful and threatening messages.

“I had anticipated having to argue my position. I was ready to do that,” Manyguns told *CBC*. “I had no idea that my life would be threatened.”

Campus security often sweeps Manyguns’ office, the location of which is being kept under wraps, and the Calgary Police hate crimes unit is investigating the barrage of messages sent to her.

After the article was published, several members of the Mount Royal faculty came to Manyguns’ defense. MRU professor Erika Smith tweeted “I am outraged and incredibly

if you think Indigenous people had no agricultural knowledge – then you have a colonized mind

Students are reminded to reflect on their mindset about Indigenization and decolonization around campus. Photo courtesy of the office of Indigenization and decolonization

saddened at this racism. This hateful behaviour has no place in academia or our society.”

Manyguns mentioned working on the colonization campaign at the time, which is now in full effect and will be coming to other Alberta post-secondary institutions in the future.

Sept. 30 marked the first National Day for Truth and Reconciliation as a federal statutory holiday. Demystifying statements about Indigenous history and culture were also on display throughout campus in the days and weeks that

surrounded the holiday.

These included the facts that Indigenous peoples in North America began mining long before any other groups arrived, a global recession was birthed from colonial resource theft in the 1500s, as well as what produce was a result of Indigenous agriculture.

Mount Royal’s “Knowledge Sharing” collection aims to continue the conversation about decolonization beyond Sept. 30. In part, it showcases upcoming dates that are significant to Indigenous peoples and corresponding

events on campus.

Nov. 8, for instance, marked National Indigenous Veterans’ Day, which, since 1994, has recognized the Indigenous contributions to major military conflicts. The following week, from Nov. 15 to 21, is Métis Week.

Starting in November, students are also welcome to join the Decolonizing Our Minds Book Club, presented by the Traditional Paths Society. The club “will explore the philosophy that reconciliation cannot happen without or before decolonization.”

MRU alumni pave the way forward for Calgary

Keoputhy Bunny 🌸
News Editor

Mount Royal University’s (MRU) community members are making waves in Calgary. Six alumni, three honorary degree recipients and a university donor, have been named in Calgary’s Top 40

under 40 and Top 7 over 70 respectively.

Avenue Calgary has named their 2021 Top 40 under 40 and six MRU alumni are on the list. According to the magazine, these people came

from a variety of backgrounds and fields, the awardees have not only paved a path not only for themselves but for the city as well. The awardees include Jared Blustien, Jason Curry, Allison Dunne, Michelle

Fournie, Carmen Morin and Trevor Solway.

Three of MRU’s honorary degree recipients have also been awarded the honour of being one of the Top 7 over 70 for 2021 as well. The Top

7 over 70, according to their website, are people who “started exceptional new ventures after the age of 70.”

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MRU's community member winners include Murray McCann, Marg Southern, Don Taylor and Clarence Wolfleg Sr. who is also referred to as Elder Miiksika'am.

Blustien graduated from MRU with a Bachelor of Arts in Sociology in 2013 and is the co-founder of The Allium. The Allium, a plant-based restaurant in Southwest Calgary, is run as a worker co-operative with a goal of more equitability. The worker co-op has a leadership that is decentralized and assets that are collectively owned.

Curry went to MRU from 2001 to 2003 and is currently a lieutenant for the Calgary Fire Department. He also helped create and lead four different peer support groups for firefighters across Alberta and established the Firefighters Assistance Charitable Society.

Dunne is the current president of Pink Flamingo, a collective that, according to their website, aims to uplift the the QTBIPOC (Queer, Trans, Black, Indigenous, People of Color) community by creating safe spaces through events like anti-racism workshops. She also has helped BIPOC mural artists create Black Lives



Clarence Wolfleg Sr. or otherwise known Elder Miiksika'am spoke to us, in an earlier article, about his experience as a residential school survivor. Photo by Keo Bunny

Matter murals across Calgary.

Graduating with a Bachelor of Communications in Public Relations, Fournie is breaking barriers for Indigenous post-secondary students. Fournie, or known by her Blackfoot name as Tátsikikkónamaan' ikkitstakiaakii, is managing the Iniikokaan centre at Bow Valley College. She's also a board member of the Indigenous Gathering Place Society of Calgary. Her mission is to provide more of a community for Indigenous students.

Mount Royal Conservatory's Morin is also on the Top 40 under 40 list. Morin obtained her Diploma in Music Performance from MRU and became part of the Mount Royal Conservatory's faculty

from 2008 to 2013. Morin's music school, the Morin Music Studio has helped her earn international renown. She was inducted in the Steinway & Sons Teacher Hall of Fame in New York.

Solway is a Blackfoot filmmaker from Siksika Nation hailing from Mount Royal's 2017 graduating journalism class. Solway, or known as Sinakson (writer), founded the non-profit filmmaking organization Napi Collective, whose mission is to bring more support to Indigenous youth. Solway also runs his own production company, Solway Entertainment.

For the Top 7 over 70 list, anybody who is over 70 and lives in Calgary or the surrounding area can be

nominated. The three MRU alumni included in the lists had previously received their honorary degrees in different years.

The list included Wolfleg Sr. who received an Honorary Doctor of Law in 2021 and an Honorary Bachelor of Arts in Sociology in 2016. McCann received an Honorary Bachelor of Nursing in 2018 and Southern received an Honorary Doctor of Laws in 2019.

Taylor, whose family helped fund the MRU Taylor Centre for the Performing Arts, was also on the list. The awards for the Top 7 over 70 will be presented at their gala on May 26, 2022 at the Hyatt Regency Hotel in Calgary.

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Tesla billionaire's pledge to aid hunger crisis on Twitter falls short

Matthew Hillier 🌸

Contributor

Elon Musk, the CEO of Silicon Valley giant Tesla and current richest man on earth according to *Forbes* magazine, addressed an impending global hunger crisis on Twitter on Oct. 31.

Musk responded to the United Nations food program Director David Beasley who, in a recent interview with *CNN*, addressed the need for US \$6 billion to help mitigate a hunger crisis affecting 42 million people. Beasley asserted that 0.36 per cent of the top 400 U.S.

billionaires' annual income or two per cent of Musk's income would cover the cost of this undertaking.

According to the World Food Programme (WFP), this steady march towards hunger for 42 million people in various countries was caused by climate change, war and the COVID-19 crisis.

In response, Musk tweeted that if the WFP could prove that the \$6 billion would solve world hunger, he would sell Tesla stock of the same amount to make it happen.

He added after his initial tweet that he wouldn't do it unless the project was open source to inform the public of where the money was going.

In response to Musk's comment, Beasley pointed out that the \$6 billion was never supposed to stop world hunger, it will only mitigate the effects of a current hunger crisis. In addition, he also retweeted a WFP statement that states that WFP records are open source and available to the public in all areas and for all projects.

Unfortunately, the Tesla CEO's demands for this proposal can't be met as the comment from Beasley on *CNN* was from his own personal opinion about the good Musk could do, and not a formalized proposal from the WFP. Because of this issue, Musk's request for proof can't be met yet simply because it does not exist yet.

Time will tell if the WFP will meet Musk's request to secure funding or if Musk will stand by his statement if the WFP does meet his requests.

How it looks from the outside:

The life and career of writer and director Mary Harron

Matthew Hillier 🌸

Contributor

How do you write for both counterculture and the mainstream? How do you adapt one of the most misogynistic characters in print to the big screen as an advocate of women's rights? But most importantly, how

do you juggle the cultures of both Hollywood and the quiet streets of Toronto? Well, for writer and *American Psycho* director Mary Harron, it isn't a question of how, it's a question of if you can tell your own story in the most personal way.

Harron grew up in two very different places. She spent her time caught between Los Angeles and Toronto. Harron's father was Don Harron, the noted Canadian comedian, actor, director, journalist, author, playwright and composer.

Harron's parents divorced when she was young. Soon after, Harron found herself with a new stepmother and a new lifestyle on her plate. Her stepmother, Virginia Leith, was discovered and subsequently starred in the Hollywood newcomer at the time Stanley Kubrick's first film *Fear and Desire*.

After just getting used to the glitz and glamour of living with her stepmother and father in Hollywood, Harron found herself having to adapt again when her biological mother married novelist Stephen Vizinczey and moved to Toronto. His most famous work was inspired by Harron's mother and was titled *In Praise*

of Older Women. As you've most likely noticed already, Harron found herself stuck between two very different worlds.

Harron's work before breaking into the film industry is characterized primarily by not belonging to any set niche. Her early writing for the magazine *PUNK* landed her the first American interview with the band Sex Pistols.

I Shot Andy Warhol

In a sudden turn of events, she started reviewing dramas for *The Observer*. Then she made nature documentaries, then she was a producer on PBS' *The Edge*. Working there, she seemed to hone in a unique would-be assassin in the form of Valerie Solanas whose attempted assassination of Andy Warhol and writing of the *S.C.U.M Manifesto* (Society For Cutting Up Men) made Solanas infamous.

After some research, Harron pitched a documentary around

this unique figure to the other producers at *The Edge*. The documentary based around Andy Warhol's attempted assassination eventually morphed into Harron's first film *I Shot Andy Warhol*.

The controversial character seemed to be of particular interest to Harron who aimed to depict the character of Solanas as something different from how others had so far framed her as. The film, despite its controversy, won a sole acting award for Lili Taylor's performance as Solanas.

American Psycho

No stranger to controversy and with one risky win on her back, Harron tried her hand at adapting *American Psycho* by Bret Easton Ellis. The film, already surrounded by controversy for its violence, also gained attention from Canadians Concerned About

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Mary Harron is an advocate for women's rights and it isn't hard to see the influence that this has had on her work. She has worked on films like *American Psycho* and *The Notorious Bettie Page*. Photo courtesy of Wikimedia Commons

Send in your best bus story!

Emily Marsten 🌸

Features Editor

Bus stories, everyone has one! Each issue we will be including your submissions of your best bus story. Here's our latest.

"While waiting for the Max Teal bus, I was standing behind a guy waiting for the same bus. I don't know if he saw me or not, but he tried covering up his fart by

coughing. His cough was a little delayed so his fart was extremely loud and wet. I felt so bad but I couldn't stop giggling. For the whole bus ride he was looking down at the ground — I felt bad!" - Astrid, Calgary

Whether it's almost sitting in that 'wet spot' that you're sure is someone's

pee, meeting your one-stop soulmate or sitting next to that guy who farted, bus stories are sure to be relatable and entertaining.

So, we want you to send in your best bus story and the city it happened in! The story could be published right here in *The Reflector*, plus it will only be on a

first name basis. Email your best bus story to featureseditor@thereflector.ca or message us @reflectthis on Instagram or Twitter.



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Violence in Entertainment (C-CAVE). The organization negotiated with restaurant owners to deny Harron locations to film on.

The film seemed to be carrying the futures of both Harron and lead actor Christian Bale. Harron had cast Bale, who was still finding his footing in Hollywood at the time. In good faith, he stayed Harron's top pick even when Edward Norton and Leonardo DiCaprio were suggested as leading roles.

When the controversial film was released, it was polarizing for both audiences and critics. It gained praise for its acting and commentary on corporate culture and criticism for its violence and negative portrayal of women.

Many of her films like *American Psycho* deal with the perspective of an outsider. Harron strips away the prestige and self-congratulation by portraying a perspective that is free from the baggage of trying to fit in.

A great example of this perspective is her portrayal of Patrick Bateman in *American Psycho*. A major challenge in adapting Bret Easton's book was the character of Bateman. The book portrays him as an insufferable, unstoppable and deplorable yuppie who is obsessed with a self-image and seems to hold contempt for everything.

A good question you may be asking is why did Harron choose to adapt this character? And by extension this novel into a film, given her love of framing the outsider and her strong feminist views?

I think to best answer this, we have to look at Bateman's characterization in the film. Bateman is an outsider inside of the mainstream world of 80s business. Bateman frequently expresses his wish to fit in. He listens to all of the mainstream music of the decade and has seemingly memorized reviews and critiques and regurgitates them verbatim. In addition, he has rehearsed incomprehensible contradicting statements regarding politics and political correctness.

All of this seemingly pointless robotic behaviour is all in Bateman's vain attempt as an outsider to fit in with a world that looks down on

him. Frequently, characters get each other mixed up as everyone looks and acts in an incredibly similar fashion. Often, characters think Bateman is a different person altogether and insult Bateman accidentally by calling him a loser or a dork to his face.

Bateman's uncomfortable mask of sanity is based on the delusion that he fits into this world and when it's challenged, he often snaps. Harron's depictions of Bateman in the film are an almost comedic example of someone trying and failing to fit in.

It's no wonder the film is considered a dark comedy as Bateman's struggle to fit in is often awkward, uncomfortable and hilarious to someone watching the film. This portrayal has earned Bateman the status of a cult legend.

Scenes from the movie are widely used in memes, in everything from basic reaction images to edited green screen videos that can put Bateman wherever the creator's heart desires.

The Notorious Bettie Page

Harron is a prolific advocate for women's rights and it isn't hard to see the influence that this has had on her work. Her films *The Notorious Bettie Page*, *Charlie Says* and *American Psycho* deal with how culture's framing of women can lead to dehumanization and even violence.

In *The Notorious Bettie Page*, Harron uses the infamous pinup model to frame an era that dehumanizes women who work in pornography, while also profiting from the very thing they say they despise.

In the film, Bettie Page doesn't turn away from her life as a model out of shame or even for the perceived greater good, she does it because she wants to escape the culture she has lost herself in.

Betty never indicated in the movie that she regretted her work as a pinup model. Harron's film, while highlighting the injustice of the era, also brings to life to how women are dehumanized in order to be treated like tools by industries that exploit them.

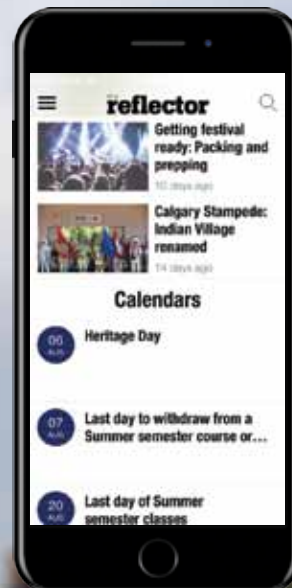
Harron's life and artistic work seem to intertwine in such a unique way that her work is unmistakably hers. A childhood of balancing two very different worlds and a career mostly working in male-dominated spaces, give her work a tone and feeling that can't be replicated.

Giving anyone else the task of writing like Harron would be a tall order as every film she has made has been a passion project that she injects her perspective into. Often her perspective boils down to two things, that we need to acknowledge the fact that it's important to listen to outsiders and it's important to not be ashamed of that status — the only way to look at something properly is from the outside looking in.



Example of a film set similar to what Mary Harron may have worked in. Photo courtesy of Unsplash

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The Solo Female's Guide to Backpacking:

Kenzie's travel guide to southern Europe

Mackenzie Mason 🌸

Staff Writer

I've been quite on the move recently as I continue my travels on my solo trip through Europe. After travelling throughout Greece for a month and doing ALL the island hopping, I said goodbye to the amazing friends I made and took a plane to Napoli (aka Naples) to explore Italy.

But I missed my friends too much. So, after eating and drinking my way around Italy for three weeks, I went to meet them in Barcelona, Spain. Together, we explored the beauty Spain has to offer and partied in Barcelona for Halloween.

This last month has been a blast and I'm here to talk about the things I did in the southern part of Europe, mainly in Italy and Spain, that you should do too.

Do a Limoncello Tour in Sorrento

After a few days walking around Napoli in the rain and visiting historical sites like Pompei, I made my way to Sorrento to explore the Amalfi Coast. I highly recommend visiting this beautiful area of Italy, but I specifically recommend tasting some limoncello, an Italian lemon liqueur, in the birthplace of limoncello — Sorrento.

A group of friends and I went to Villa Beatrice Sorrento, a family-owned lemon, orange and olive orchard located high above the town of Sorrento that offers gorgeous views of Sorrento and the sea beyond. Marino, the co-owner of the

orchard and villa on the property, personally gave us our tour around his orchard, and despite it being the end of the season, we were lucky enough to see the last harvest hanging on the trees ready to be picked.

After the tour and learning how limoncello is made (by steeping lemon peels in ethanol or vodka), we went back to the villa and were seated on the patio in front of said gorgeous view to sample their own brand of limoncello. If you end up in Sorrento, you need to have this experience.

Swim in Positano

While Positano seems like a posh place to wine and dine with your significant other at the fanciest places in town,

I didn't have the budget for that — or the boyfriend. I decided to grab some gelato and walk down towards Spiaggia del Fornillo. The walk along the coast is absolutely stunning.

Now I'm not sure what it's like in peak season with no travel restrictions in place, but right before Spiaggia del Fornillo there is a smaller secluded beach. As everyone was at the beach directly in Positano, there was no one at the smaller beach and I had the whole area to myself facing onto crystal clear blue water. It was a beautiful moment of relaxation and reflection for me.

Taste Tuscany Wine

One of my favourite ways of immersing myself into new cultures is through food and drinks, if you can't tell already. While I was driving and camping my way through the Italian countryside to get to Firenze (aka Florence), I stopped at Pietraserena Winery di Arigoni, just outside of San Gimignano, Italy. This vineyard was also family-owned which always elevates the experience for me.

We toured around the different products they had growing and learned how each specific type of grape needed to be produced in different ways. After an interesting and beautiful tour, we got to taste four different wines all varying in age and flavours. The accompanying charcuterie and bruschetta was a plus, too.

Pro-tip: look at Groupon for certain experiences, like the tastings I've suggested. These were more than 50 per cent off on Groupon,

which is how I've been able to have these experiences on a budget!

Visit St. Peter's Basilica Dome

In Rome, everyone needs to go to the Vatican City. I'm not religious, but I could — and did — get lost in the museum and the Basilica all day. I've been to Rome and to the Vatican before, but it honestly never disappoints and each time I go, I find things I didn't see before. Something I didn't do the first time I came was go up to the dome of St. Peter's Basilica and man, am I glad I did this time.

Getting into St. Peter's Basilica is free, so spending €8 (CAD \$11.50) to go up the 551 steps to the top of the Basilica is completely worth it. You get to see the intricate detailing of the dome's interior and a 360 degree view of Rome from the exterior. It's something not everyone does, but it's a must on my list.

Take in the Piazzale Michelangelo view

This is definitely a basic recommendation while you're in Florence, but Florence makes my heart feel full and I think this is the best view of it. It's a bit of a hike to reach the top of the hill that Piazzale Michelangelo rests on, but the view from there is totally worth it.

My recommendation? Grab a bottle of wine and a take-out pizza and watch the sky turn to beautiful shades of pink, orange and purple over the stunning views of Florence.

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Vernazza is the perfect (and beautiful) location to start your hikes between the five villages that make up Italy's Cinque Terre. Photo by Mackenzie Mason

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Hike from Vernazza to Corniglia

Five blue trail paths connect the quaint and colourful villages of Italy's Cinque Terre region. But since it's off-season, the easier four out of five blue trail paths were closed. The only path that was still open connected Vernazza to Corniglia and vice versa. Going from Vernazza to Corniglia is the easier route, as if you go from Corniglia to Vernazza there is more of an incline to climb up at the beginning.

This hike lasts approximately two hours, if you were like us and stopped halfway through for an Aperol Spritz break. The breathtaking views of the beautiful Ligurian Sea smashing against the steep cliff sides is a view living in my mind rent-free and the picturesque pastels of Corniglia in the distance doesn't hurt either. If you visit Cinque Terre, you have to do a hike between the villages. You won't regret it.

Watch the sunset at Bunkers del Carmel

Barcelona is in my top favourite cities that I visited on my trip so far.

My days consisted of walking around the city, enjoying tapas, sangria, more tapas and savouring the last of my beach days before I moved on to enjoy fall in France.

One of my favourite things I did (twice) while in Barcelona was to watch the sunset at the Bunkers del Carmel which offers a 360 degree view of Barcelona featuring the infamous Basílica de la Sagrada Família.

You can either walk all the way up the hill, which takes about 30 minutes or you can take a bus up half way and walk the rest.

Either way, it's a bit of a climb but it's worth it for what's at the top.

Grab some sangria and snacks from a supermarket and make the trek to check off another box on your bucket list.



The stunning landscapes of the Tuscany region in Italy is the perfect backdrop for a delicious wine tasting tour. Photo by Mackenzie Mason



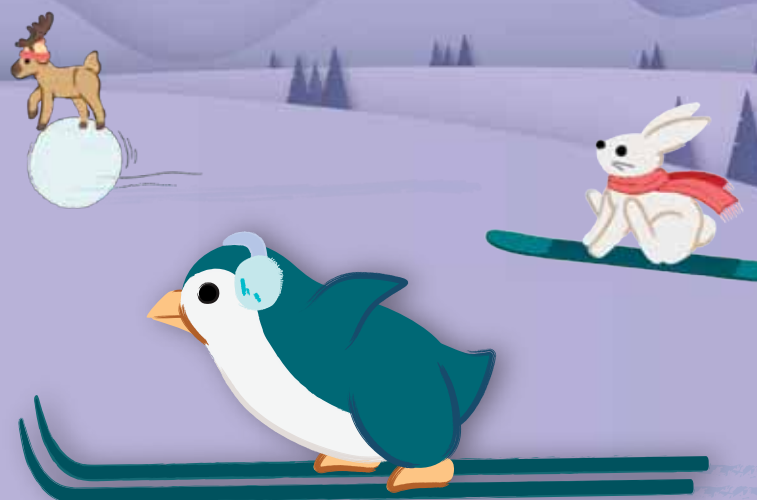
Doing a Limoncello tour in Sorrento, Italy, where Limoncello was created, is a must while visiting the Amalfi Coast. Photo by Mackenzie Mason



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Why you should watch *Sex Education*

Hannah Papke 🌸

Contributor

The British comedy-drama series about sex-crazed high school teenagers *Sex Education* has released its third season last Sept. 17, with more complex characters and unique storylines that made fans reminisce their teenage days and pull at their heartstrings. In fact, Netflix has heard the series' fans and gave it the stamp of approval for its fourth season.

Sex Education's third season seems to have the characters straddling the fence between teendom and adulthood, which allows its creators to evolve the show's characters to be very three-dimensional in their personalities and the complexity of their feelings. This new instalment allowed for the characters to grow, make mistakes and act in ways authentic to teenagers experiencing the actual hardships of high school and growing up.

The main protagonist Otis (Asa Butterfield), is such an interesting character to watch. He shows that growth is not always linear as he struggles to navigate his way through different relationships with a new lover Ruby (Mimi Keene) and his first love Mauve (Emma Mackey). He consistently



(From left to right) Asa Butterfield as Otis Milburn and Emma Mackey as Maeve Wiley. Photo courtesy of Netflix

makes decisions that seem so flawed yet very relatable to the viewer, especially when dealing with Mauve.

This season also explores how Mauve faced the struggle of her mother's addiction and her little sister being placed in a foster home. She showed growth through her hesitant acceptance of help from her peers and teachers, which led to the eventual breaking down of her emotional walls.

A character that viewers learned much more about

this season was Ruby, who was previously seen as the school's "mean girl." This season revealed a softer and much more vulnerable side of Ruby — one that showed the struggles she faces at home, her deep insecurities and her hidden loneliness. These tender details created such sympathy for Ruby that her previous lash-outs and mean tendencies seem so forgivable which is such a strong theme throughout the show.

Sex Education has stuck

with its trend of creating raw characters by showing the parents as flawed people as well. Otis' mother Jean (Gillian Anderson) was seen dealing with her pregnancy and struggling with her relationships with Otis and her partner. Similarly, Adam's father Michael (Alistair Petrie) struggled with his own midlife problems. Viewers got to see a much more vulnerable side of Michael, which is a large contrast to how we previously saw him

as a harsh father and partner.

Instead of falling into the expected stereotypes of creating teenagers as melodramatic characters, *Sex Education* continues to create diverse and complicated characters that are so appealing to viewers. It acknowledges that being a teen is hard and allows each character space to find themselves, make mistakes and learn how they fit into their world.

OUT'N ABOUT

City and Colour Concert

On Nov. 23, get serenaded by Canadian singer Dallas Green, famously known as City and Colour, at Southern Alberta Jubilee Auditorium. Get tickets while you still can!

Light Up Okotoks

Get in the festive spirit and experience Okotoks' winter wonderland and witness the lighting of their community Christmas tree on Nov. 19! Enjoy live performances, shopping, cookie decorating and so much more.

ZOOLIGHTS

The Calgary Zoo's 25th annual ZOOLIGHTS celebration starts Nov. 19. Bring your special someone and enjoy all the zoo has to offer. From skating to axe throwing, there's something for everyone!

Kananaskis Christmas Market

Go out for a drive west of Calgary and support your local vendors at this holiday market on Nov. 13 and 14!

The Top 5 post-Halloween spooky autumn reads

Katherine Funk 🍁

Contributor

If you are anything like me, Halloween has done nothing to quench your thirst for spooky, autumnal reads. Something about the gloom of November makes it the perfect month to hunker down with a murder mystery or thriller. Although there are tons of themed book lists out right now, I wanted to share some of my favourite books that are not quite as well known.

***And Then There Were None* by Agatha Christie**

Let's start this list off with a bang. Agatha Christie is the queen of murder mysteries, and the near-century has passed since the release of this book has not dulled its shine. The book starts with 10 strangers being lured to a remote island where they will have to face their secrets head-on. This book is as modern as it was the day it came out, and if you love it as much as I do, there is a BBC television series based on it to keep the story going.

***We Have Always Lived in the Castle* by Shirley Jackson**

Shirley Jackson's stories have recently made a comeback with the Netflix series, *The Haunting of Hill House*, based on her 1959 novel. But have you heard of some of her other thrillers? Jackson was a prolific writer, writing more than 200 short stories and six novels over her lifetime. My all-time favourite is, *We Have Always Lived in the Castle*, which mixes all the best ingredients into a short but memorable story. Prepare yourself for this small-town thriller featuring a run-down castle, a years-old murder, and a cat named Jonas.



If you're looking for new books to read check out Mount Royal University's library! Photo courtesy of Unsplash

***The Dante Club* by Matthew Pearl**

If you are a fan of dark academia, this is the one for you. Set during the American Civil War, five scholars are working to create the perfect translation of Dante's *Inferno*. However, as they work on the translation, murders are cropping up that seem to be based on the levels of hell that Dante describes. This book involves: gas-lit street lamps, fog, fireplaces in old libraries and cobblestone streets. If you enjoyed *The Alienist* on

Netflix, add this one to your list.

***Miss Peregrine's Home for Peculiar Children* by Ransom Riggs**

Okay, this one does not exactly fall under the "lesser-known books" that I promised, but it has fallen under the radar in the past few years. I believe that this series is exactly what you need on a sleety November day. And if you aren't a fan of fantasy, you can still enjoy all

of the fabulously bizarre old photos included throughout the story! The world consists of seven books – two trilogies and a book of short stories – so you can really sink your teeth into the lives of Jacob Portman and the Peculiar Children.

***The Scorpio Races* by Maggie Stiefvater**

If you are not a fan of murder mysteries or thrillers, then I highly recommend *The Scorpio Races*. Set in the beginning of November

in Thisby, a fictional Irish island, the story follows two riders in the Scorpio Races, a dangerous race that takes place on Nov. 1 of each year on water horses. Inspired by the Celtic legend of "eich uisce" (water horses), this novel gives you an atmospheric tale of courage, pride, and small Irish towns. Read it if you like cozy knit sweaters, stone cottages, freckles and folk tales.

Now make yourself a hot cup of tea or coffee, grab your snuggliest blanket and get reading!

Why Timothée Chalamet is here to stay

Astrid Cunanan 🌸

Arts Editor



Timothée Chalamet's first Academy Award nomination for "Best Actor" came from his role as Elio in *Call Me By Your Name*

Unless you've been living under a rock, you've probably noticed this 27-year-old's face in many films as of recent. This month alone, Timothée Chalamet's film career grew by two movies — *Dune* and *The French Dispatch*. With his talent, it comes as no surprise that this Academy Award nominee is booked and busy!

As talked about in Chalamet's recent interview with *TIMES* magazine, he grew up in midtown Manhattan, New York. Where he attended the La Guardia High School of Music & Art and Performing Arts. If you've gone down the rabbit hole of Chalamet's old school project videos on YouTube, you've seen some of the cult classics such as his statistics rap or Timmy Tim rap — both adorable and incredibly cringy.

Chalamet first caught my attention with his role as Elio Perlman in the coming-of-age romance *Call Me By Your Name*. Together with his love interest, Oliver, the two explore Northern Italy

while trying to navigate their feelings for each other. The cinematography of this film was fantastic. I thoroughly enjoyed the sequence of Elio and Oliver frolicking up the mountain with "Mystery of Love" by Sufjan Stevens in the background. So much so that I had to write down the place in hopes I get to visit it someday; the misty meadow with the close-up shots of Serio Falls in Valbondione, Italy is absolutely stunning.

Chalamet shines in the last five minutes of this film, yes, the part where he cried for five minutes straight. Although nothing was said, his teary eyes said more than words could ever describe — his pain radiated off of the screen leaving me speechless, heartbroken, and nostalgic for the sweet moments he and Oliver shared. Movies don't typically make me cry but when they do I make sure to add them to my list of emotional films to watch no more than once a year to preserve their specialness.

The next film I want to

talk about is *Lady Bird*. Although Chalamet played a mysterious and snobbish teenager, I was still happy to see him up on the screen. His character Kyle is a typical leather jacket-wearing, anti-government, chain-smoking 'bad boy' boyfriend which completely contrasts Lady Bird's first boyfriend, Danny. *Lady Bird* holds a special place in my heart, wanting to drop everything to escape to a bigger city is a feeling I still get often.

Although I enjoy watching Chalamet's earlier projects, his new roles in *Dune* and *The French Dispatch* are absolutely amazing and surprising. Over the course of a few years, he has grown to hone his skills in acting.

Chalamet is not going anywhere anytime soon, currently filming *Wonka* set to release in 2023. Expect to see him even more in the next few years. I have no doubt he will continue to wow and captivate new audiences as he gains more and more experience.



For any other rapper, this would be a great album. But this is Drake, the artist of the decade.

Pop culture holds Drake in esteem for his song crafting, ingenious sampling and sound influences. That is why this album is so disappointing. *Certified Lover Boy* (CLB) is missing all the usual pieces of Drake's feature qualities that compel us to listen to his music and what won him 192 awards.

Not only that, but songs like "Girls Want Girls," "TSU," and "F*****g Fans" have some of the least self-aware sentiments we have ever heard from Drake.

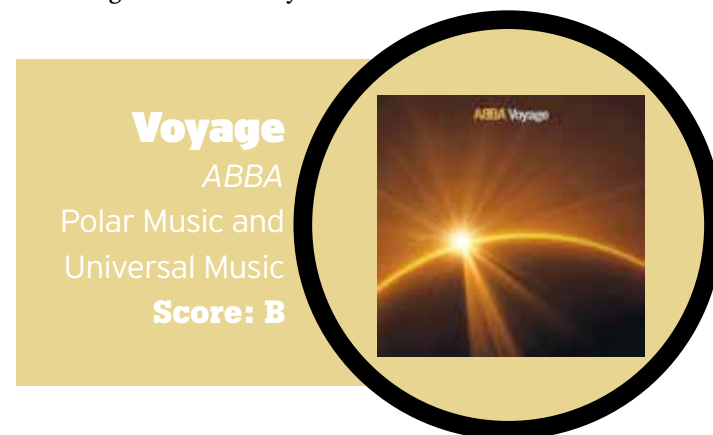
"Girls Want Girls" is Drake's attempt at being progressive. "F*****g Fans" is way too

blunt for his modus operandi. As for "TSU," he credits R. Kelly, who was recently found guilty on nine counts including racketeering, sexual exploitation of a child, kidnapping, bribery, sex trafficking, and a violation of the Mann Act.

Although, "Remorse" and "Race My Mind" give us a glimpse into the costs of staying on top and the conflict of never being at peace, and Drake has not found a way to navigate that.

At the end of the day, if Drake drops an album, it will sell, stream and ultimately do well — even if it's not the best quality.

- Sydney Rosewarn



After 40 years, ABBA fans finally get to reunite with a group of old friends and their forever favourites. As always, with artists who disappear from the scene for so long, it seems reasonable for listeners to be hesitant at the idea of a new album. But I am happy to report that *Voyage* is as ABBA-sounding as ever.

Voyage was led by two singles earlier this year, "I Still Have Faith In You" and "Don't Shut Me Down," both showing familiar sides of ABBA's sound, both absolutely catchy in their own right.

The rest of the album includes references to their past works such as the last few bars in "Keep An Eye On Dan" which seem to be straight out of "S.O.S."

ABBA's sound has always been their own and would be hard to replicate for anyone

else. So it feels right to hear Björn Ulvaeus and Benny Andersson say they recorded the album "trend blind," staying away from current music trends.

The album has a few tracks that seem slightly out of place, including "When You Danced With Me" and "Little Things." The former sounds like an Irish jig rather than a pop ballad, and the latter is almost like a Christmas song put in there to make sure all their bases were covered.

Overall, *Voyage* feels familiar. It may not be as cohesive as past albums, but each track feels like a part of the discography I've had yet to explore. It might be listed as their final album, but if past trends in their discography stay current, it'll never be goodbye.

- Abbie Riglin

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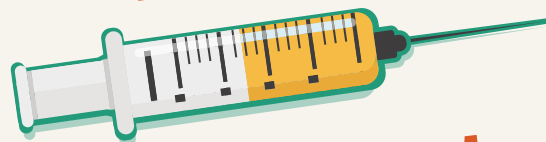
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Why Georges St-Pierre is the greatest mixed martial artist of all time

Josh Werle 🌸
 Staff Writer

The debate on which athlete should be considered the “greatest of all time” is always a hotly contested topic amongst fans. Every sport has its legends and every fan has had a different experience, leading to a never-ending conversation regardless of the sport in question. In the world of Mixed Martial Arts (MMA), this debate may never be settled, but there are always a few names who are continuously mentioned throughout the years. Jon Jones, Demetrious Johnson, Anderson Silva, and of course, the newly minted Ultimate Fight Club Hall of Famer, Georges “Rush” St-Pierre.

On Sept. 24, 2021, St-Pierre was placed into the Modern-era wing of the UFC’s Hall of Fame and was the first Canadian athlete to be inducted. Let’s take a look back at the career of St-Pierre and the accomplishments that led him to receive his Hall of Fame accolade.

The early years

MMA is an intriguing sport for many reasons, but the one that stands out the most is the impact a difference in stylistic matchups can have on a fight. Some athletes are good wrestlers, but may lack in the striking department. Others



The career of Georges St-Pierre was legendary. But was it enough to earn him GOAT status? Photo by Riggs Zyrille Vergara

may be world-renowned kickboxers, but are unable to secure a submission victory. It is very rare to find an athlete who is a complete mixed martial arts fighter; someone who is capable of finishing the fight wherever it may go.

St-Pierre was one of those rare fighters who was proficient in every aspect of MMA, which allowed him

to have an extremely quick rise in the UFC. He secured a UFC title shot after only seven professional bouts, having gotten knockouts, submissions and judges’ decisions under his belt.

Any MMA fan would have Matt Hughes as part of the perennial top five Welterweight competitors of all time. Defeating him in

only his eighth professional fight, and his third fight in the UFC, was a task that even St-Pierre couldn’t complete. The two competed for the vacant Welterweight championship at UFC 50 where St-Pierre lost via submission in the last possible second of the first round.

Although losing a championship bout is never desirable, St-Pierre was able

to use defeat as motivation to once again climb to the top of the Welterweight ranks. He rattled off five-straight wins after his setback to Hughes, defeating legends like Sean Sherk and B.J. Penn. This streak resulted in a second chance at the Welterweight

Continues on Pg. 14

#S

3, Jacob Markström is the first Flames goalie to ever have three shutouts in four games.

8, The number of goals Cougars men’s soccer player Moe El Gandour scored this year, leading Canada West.

5, The Calgary Stampeders have re-signed receiver Reggie Begelton, the team’s fifth-ever player to achieve over 100 catches in a season.

600, It’s been over 600 days since Pascal Siakam has played a game at the Scotiabank Arena for the Toronto Raptors— that changed on Nov. 7.

Continued from Pg . 13

championship and a rematch against Hughes. This time it was St-Pierre who got the finish over Hughes, defeating him via technical knockout in the second round and cementing himself as one of the top Welterweights in the world.

At this stage, he was seemingly unstoppable, as the only loss he had suffered was now avenged. St-Pierre was primed and ready to reign as Welterweight champion for the foreseeable future, but there was one more bump in the road before he could reach that point.

Outlook on fighting

St-Pierre is always the first to admit that he didn't actually like to fight. He loved to train, win and make the kind of money that allows you to live the professional athlete lifestyle. Fighting inside the cage was always a way for him to do and have these things. St-Pierre was always very nervous for his fights, as one would expect. The one time he wasn't as nervous was the one time he lost via technical knockout.

Matt Serra was coming off a victory on the UFC's Ultimate Fighter TV show, which netted him a title shot against St-

Pierre at UFC 69. At this point though, it was clear that St-Pierre was leaps and bounds above his competition, as he was listed as a 7-1 favorite over his opponent. Unfortunately, St-Pierre didn't take Serra as seriously as he should have, saying in an interview with *MMA Junkie* that, "I train in the fear that my opponent trained harder than me, and I go through a lot of mental struggle to overcome that adversity. I didn't feel like when I fought Matt Serra I went through that."

After losing his Welterweight title in what is commonly referred to as one of the biggest upsets in UFC history, St-Pierre was forced to go back to the drawing board again. Serra would be his final defeat in MMA. But after beating a rival in Josh Koschek, and Hughes for a second time, St-Pierre would go on to defeat Serra and recapture his Welterweight championship.

Reign at the top

After battling back and avenging his loss to Serra, St-Pierre was once again the Welterweight champion of the world. What followed his second championship victory was a reign that would cement him as one of the greatest of all time, regardless of weight class. After defeating



The all-time great fighter hails from Quebec. Photo courtesy of Ryan Mallard

Serra for the Welterweight championship, St-Pierre would go on to successfully defend his championship nine consecutive times, scoring submissions, knockouts and wins on the judges' scorecards.

St-Pierre was a dominant force. He defeated some of

the greatest Welterweights in the history of the sport with relative ease. It wasn't until he met title challenger Johnny Hendricks that he actually faced some form of adversity. The two met at UFC 167 in a matchup that would end up being St-Pierre's final fight at Welterweight. After

a grueling five-round battle, St-Pierre managed to defeat Hendricks via split decision, leaving the MMA community divided over the result. St-Pierre would take a four-year hiatus from the sport before eventually returning to the UFC in 2017, with a surprising change in weight class. He moved up to the Middleweight division to challenge former champion Michael Bisping. St-Pierre defeated Bisping via submission in the third round, becoming the Middleweight champion of the world.

St-Pierre is one of only seven UFC athletes to win a title in multiple weight divisions, further cementing himself as one of the greats. Although he has been linked to matchups against superstars like Khabib Nurmagomedov and Conor McGregor, it is evident that St-Pierre has officially retired.

I believe that St-Pierre's legacy has now been cemented and he is worthy of being called the greatest of all time. The only two losses he suffered were avenged, he defended his championship in dominant fashion and won a title in a second weight class. St-Pierre's recent Hall of Fame induction only serves as a reminder that he was a one-of-a-kind mixed martial artist.



One of Georges St-Pierre's biggest achievements was winning in multiple weight divisions. Photo courtesy of Flickr

The Ben Simmons saga: How did we get here?

Jed Mabazza 🌸

Contributor

In recent years, many NBA superstars have successfully forced their way out of franchises they didn't want to play for, even if they were contractually obligated to. However, Ben Simmons seems to be stuck in a Philadelphia 76ers jersey, at least for now.

Simmons was drafted 1st overall in the 2016-17 NBA draft, but was sidelined for his entire first year after sustaining a season-ending foot injury in training camp. He bounced back in his second year, averaging 16 points, eight rebounds, and eight assists per game and winning the Rookie of the Year award. The award was seen as controversial because fans thought he shouldn't be able to win in a year that wasn't technically his first. Drama aside, Simmons went on to establish himself as a three-time all-star and a key piece for the team to build around, igniting hope in a fanbase that had been quiet for years.

Fast forward to the present day and Simmons' future with

the Sixers is unclear thanks to a rift that has its roots in early January.

Earlier this year, Philadelphia reportedly proposed a trade package that would send Simmons and a draft pick compensation to the Houston Rockets for the then-disgruntled James Harden. Ultimately, talks stalled and Harden was eventually traded to the Brooklyn Nets on Jan. 13. Hours following the trade announcement, *ESPN's* Marc Spears reported that Simmons was "ecstatic...and believes his team is capable of bringing a title to Philadelphia." Although, it must have been an unpleasant experience for Simmons knowing his team wanted to trade him away, which would have likely been a blow to his trust in the team.

The Sixers would go on to finish first in the Eastern conference heading into the 2021 playoffs with a 49-23 win-loss record. Unfortunately, the Sixers fell to Trae Young's Atlanta Hawks in a seven-game series in the second round.



Will we ever see the three-time all-star suit up for the Sixers in an NBA game again?
Photo courtesy of All-Pro Reels

Simmons was largely missing in action all series, hitting a dismal 33.3 per cent of his free throws and averaging nearly 10 points, which are unacceptable numbers for an NBA star.

In a post-game press conference, Sixers head coach Doc Rivers was asked if Simmons could be a championship-level point guard and Rivers flatly said "I don't know the answer to that." Simmons was reportedly unhappy that Rivers threw him under the bus, making him the scapegoat for Philly's ruined championship aspirations.

Early into the Sixers offseason, Simmons' agent, Rich Paul, met with the team's front office to discuss his client's future with the team. *ESPN's* Adrian Wojnarowski reported that "no trade request was made, but talks will continue."

In mid-July, the Sixers camp entertained trade offers from teams asking about Simmons, but talks stalled yet again in late August due to the Sixers' high asking price.

It became apparent that Simmons could no longer trust the Sixers front office and decided he didn't want any part of a team that tried to ship him out twice in the same year. Days later, Simmons officially requested a trade from Philly noting that California was his preferred destination.

Prior to the start of training camp in late September, Wojnarowski reported that "Simmons will not report for [the] opening of training camp next week and intends to never play another game for the franchise. Simmons hasn't spoken to the team since a late August meeting when he communicated this message to Sixers officials."

Simmons missed media day, the entirety of training camp and the whole preseason. He was fined approximately US\$228,000 for each game missed.

The fines may have gotten to him. Simmons finally reported to Philadelphia just before the start of the regular season on Oct. 11. By this point, he

already lost about one million dollars in fines along with \$8.2 million in money that Philly withdrew from giving him in early October.

On Oct. 19, Rivers kicked Simmons out of practice for refusing to engage in drills with the team. Simmons was promptly suspended for the first game of the regular season.

After that, he didn't show up to individual workouts, citing back soreness and that he wasn't ready to return to the team mentally.

Most recently, Simmons has reportedly been unwilling to work with team doctors and mental health professionals, opting instead to work with those of the National Basketball Players Association. He has since been listed as out in every Sixers game thus far.

It appears the Sixers fan base must buckle in for now as the stalemate continues. But it would be worth their while to echo the mantra that the organization is best known for — to trust the process.



The pairing of Ben Simmons and Joel Embiid may go down as a failed experiment. Photo courtesy of Keith Allison

Cougars men's soccer shuts out the Wolfpack in bronze medal run

George Potter 🌸

Staff Writer

The Mount Royal University (MRU) Cougars men's soccer team had a successful regular season, being on the top 10 rankings of U Sport in men's soccer. On Oct. 30, they were able to take down the Thompson Rivers University (TRU) Wolfpack to move on to the semi-finals of the playoffs and seal a home-field advantage. After a 1-0 loss to the University of British Columbia (UBC), the Cougars beat the University of Fraser Valley (UFV) 2-0 to secure a third place finish.

This playoff run comes off the heels of a great regular season. The individual performances of Moe El Gandour and Justin Anderson-Louch earned them spots on the Canada West first all-star team, and El Gandour won the Player of the Year award. The Canada

West second all-star team saw Dane Domic and Caden Rogozinski represent the Cougars, and Ethan Keen made the all-rookie team. Sydney Danielewicz of the women's soccer team made the Canada West all-rookie team as well.

Oct. 30 was the first must-win playoff game for the Cougars. Seventeen minutes into the game, Dawid Dudek would score the Cougars their first goal on an assist by Miguel Da Rocha.

Cougars star El Gandour had a great chance to score on the Wolfpack, but goalkeeper Jackson Gardner was up to the task. The period ended at 1-0 Cougars.

With the high stakes of the playoffs setting the mood, sometimes the crowds can get a bit rowdy. In this game, a fan who was blocking the view of some spectators was asked to either move or sit down. He didn't listen until he was addressed by the clothing he was wearing, provoking him into picking a fight with some of the other fans. He would immediately be removed from the game. The other fans expressed how much they would not, in fact, miss him.

The second period was a goalkeeping clinic by MRU's Sterling Kerr and TRU's Jackson Gardner, with both posting shutouts in the frame. With only three minutes remaining in the game, the Cougars would score their second goal thanks to David Schafer who was assisted by Niklas Liebach. The final score would be 2-0 in the Cougars'

favour and they were able to move onto the next round of the playoffs. The two MVPs of the game were the Cougars'

Dudek and Wolfpack's Junior Agyekum.

MRU would go on to fall just short against UBC in

the semifinals, but end the underdog run of UFV to claim the bronze medal.



MRU defenceman William Libbey played a role in the Cougars' shutout of the Wolfpack. Photo by George Potter



MRU forward Dawid Dudek celebrates a goal with the team. Photo by George Potter

